



EAST SHORE BRANCH
SPINNING SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 am JANET	6:00 am JILL	6:00 am JOHN	6:00 am JILL	6:00 am BOB		
7:00 am JOE		7:00 am JENN		7:00 am JOE	9:00 am KIRBY, MIKE LORI, JOHN Z	
					10:00 am JANET/ JEAN-PAUL	
Noon BETH	Noon LEW	Noon BETH	Noon JENN/RUSTY	Noon JENN		11:00 AM LORI, TAMERLY JANET
4:45 pm NEAL	4:45 pm SHIVON	4:45 pm LEW	4:45 pm SHIVON	4:45 pm LEW		
5:30 pm JANET	5:30 pm KIRBY <i>1st Tues of month = Learn to Spin/Spin Lite</i>	5:30 pm JANET	5:30 pm JULIE / BETH	5:30 pm ROB, SHIVON LEW, DEB G		
6:30 pm MIKE	6:30 pm JON	6:30 pm ROB/BETH	6:30 pm JEAN-PAUL			

East Shore YMCA

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