



EAST GYM SCHEDULE

MARCH 2010

EAST SHORE YMCA

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	2 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	3 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	4 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5:45-10:00 Volleyball	5 7:00-8:15 Members BB 8:30-11:30 Cathedral Sc 12:00-1:00 Circuit Class 1:30-2:30 Cathedral Sc 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	6 8:30-11:30 Zumbathon 12:45-3:00 YBL 6:00 pm Y closes
7 Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes	8 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	9 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	10 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	11 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5:45-10:00 Volleyball	12 7:00-8:15 Members BB 8:30-11:30 Cathedral Sc 12:00-1:00 Circuit Class 1:30-2:30 Cathedral Sc 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	13 9:30-10:30 Zumba 12:45-3:00 YBL 6:00 pm Y closes
14 Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes	15 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	16 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	17 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	18 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5:45-10:00 Volleyball	19 7:00-8:15 Members BB 8:30-11:30 Cathedral Sc 12:00-1:00 Circuit Class 1:30-2:30 Cathedral Sc 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	20 9:30-10:30 Zumba 12:45-3:00 YBL 6:00 pm Y closes
21 Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes	22 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	23 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	24 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	25 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5:45-10:00 Volleyball	26 7:00-8:15 Members BB 8:30-11:30 Cathedral Sc 12:00-1:00 Circuit Class 1:30-2:30 Cathedral Sc 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	27 9:30-10:30 Zumba 12:45-3:00 YBL 6:00 pm Y closes
28 Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes	29 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	30 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	31 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba			