



# EAST GYM SCHEDULE

## FEBRUARY 2010

### EAST SHORE YMCA

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	<b>2</b> 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	<b>3</b> 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	<b>4</b> 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5645-10:00 Volleyball	<b>5</b> 7:00-8:15 Members BB 8:30-11:30 Cathedral Sc 12:00-1:00 Circuit Class 1:30-2:30 Cathedral Sc 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	<b>6</b> Open Gym 9:30-10:30 Zumba 12:45-3:00 YBL 6:00 pm Y closes
<b>7</b> Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes	<b>8</b> 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	<b>9</b> 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	<b>10</b> 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	<b>11</b> 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5645-10:00 Volleyball	<b>12</b> 7:00-8:15 Members BB 12:00-1:00 Circuit Class 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	<b>13</b> Open Gym 9:30-10:30 Zumba 12:45-3:00 YBL 6:00 pm Y closes
<b>14</b> Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes	<b>15</b> 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	<b>16</b> 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	<b>17</b> 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	<b>18</b> 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5645-10:00 Volleyball	<b>19</b> 7:00-8:15 Members BB 8:30-11:30 Cathedral Sc 12:00-1:00 Circuit Class 1:30-2:30 Cathedral Sc 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	<b>20</b> Open Gym 9:30-10:30 Zumba 12:45-3:00 YBL 6:00 pm Y closes
<b>21</b> Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes	<b>22</b> 7:00-9:00 Members BB 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Zumba 6:45-10:00 Volleyball	<b>23</b> 8:30-11:30 Cathedral Sc 11:30-1:30 Sign in BB 1:30-2:30 Cathedral Sc 5:00-5:45 Roperobics 5:45-10:00 Volleyball	<b>24</b> 10:00-11:30 Child Care 12:00-1:00 Circuit Class 5:30-6:30 Boot Camp 7:30-8:30 Zumba	<b>25</b> 10:00-11:30 Child Care 11:30-2:00 Sign-in BB 5645-10:00 Volleyball	<b>26</b> 7:00-8:15 Members BB 8:30-11:30 Cathedral Sc 12:00-1:00 Circuit Class 1:30-2:30 Cathedral Sc 5:00-7:00 Sign-in BB 7:00-8:30 p/u VB	<b>27</b> Open Gym 9:30-10:30 Zumba 12:45-3:00 YBL 6:00 pm Y closes
<b>28</b> Open Gym 8:00 am Y opens 2:00-3:00 Zumba 3:00-8:00 pm WSY VB practice 9:00 pm Y closes						